

# ANNUAL REPORT

## 2013-2014



# Executive Director's Letter

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Vathsalya Charitable Trust (Vathsalya), a secular, non-profit, non-government organization was started by a team of highly dedicated social activists with deep commitments to the welfare of the deprived and the abandoned/relinquished innocent children. It was registered on June 28, 1988 under the Indian Trusts Act with Registration Number 128/889 in the State of Karnataka. This is our silver Jubilee year.

The mission of 'Vathsalya' till recently was to place every homeless child with a family as every child deserves a home of his/her own.

Our activities till recently was adoption, foster care and sponsorship. Till date, out of the 1600 children we received 950 children were placed in families through adoption. At any point in time more than 85% of our children were in foster care thus making it possible for us to provide quality child care services to those children with special needs at our centre.

'Vathsalya' has found special families for children with cerebral palsy, heart conditions, cleft face/palate/lip, autism, spina bifida, speech and hearing impaired/ vision impaired and even a few children who were diagnosed with HIV.

Vathsalya has been impacting both G.O's and N.G.O's, encouraging them to place children in families through foster care.

However, over the past few years the number of abandoned and relinquished children has come down causing us to revision and refocus.

Keeping this in mind, we have moved beyond this vision statement to strengthen and preserve families through education, training and nutrition, to prevent abandonment and help parents to enjoy and take pleasure in parenting.

Looking at the current situation in Karnataka and sensitive to the needs of the community we have shifted our focus to migrant families and their vulnerable children.

We have been able to admit over 80 children during the past year into our day care both for the migrant children as well as those with special needs. We are focussing on their education through our informal school and serve them nutritious meals between 8 a.m. and 5.30 p.m.

We continue to serve 850 children from the marginalized families in Bangalore and North Karnataka including Raichur, Koppal and Muranpur through educational support.

The Vathsalya family with its staff of about 33 and a foster care community who are dedicated to the care and welfare of children is more than a temporary shelter for the deprived and destitute. It is a 'FAMILY' with abiding relationships to which all such persons belong. Its committed Board walks alongside encouraging and motivating the staff to reach for the stars. 'Vathsalya' remains deeply indebted to its donors and partners with who it maintains a constant relationship. It bows with gratitude to God. We look forward with Hope.

Mary Paul  
Executive Director

# Parenting in community

## Building stronger families

For parents from rural and less-privileged backgrounds, quality parenting is a new concept.

Vathsalya strengthens the capacity of parents to engage themselves in their children's education, growth and overall development. We conduct regular parenting meeting for rural staff of primary health care centres and for parents under the educational sponsorship. Our parenting skill meetings have a broad impact in facilitating the healthy growth and development of children. We help parents to improve the quality of parenting as well enjoy the process.

With most of the children coming from single parent households with severe economic challenges, it is impossible for them to experience any quality family life. Parents in both these communities attend meetings regularly and appreciate our efforts in meeting the challenges of parenting.

### We cover the following topics for the parents:

- Understanding Stress - communication, listening skills with emphasis on active listening
- Nutrition - balanced diet, adequate rest and exercise for overall fitness.
- Health - challenges such as night blindness, Beriberi, Scurvy, Rickets, Goiter, Anemia, communicable diseases, including prevention of these diseases.

### Achievements:

- The participants found our workshops relevant and expressed how stress affected their personal life. They learnt to keep a realistic and positive attitude.
- We held meetings at St. Charles School, St. Mary's School and Col. Hill School, attended by around 200 parents. Another meeting was held at Christ the King School, Judes School, Cecelia School, Siddhartha School, Priya School and Alphonsa School attended by 450 parents.





# Education sponsorship

## Educating tomorrow's leaders

Vathsalya sponsors 850 students from 20 schools in Karnataka. This sponsorship gives children the confidence and security to continue their studies without being undermined by the fear of dropping out.



On a recent visit, Ms. Suchandra Bose of HDFC Bank, interacted with 200 children of Col.Hill School and St Mary's School, sponsored by HDFC. She enquired about their studies, progress, goals, and aspirations in their life. Children spent quality time, interacting and responding well to all the queries. Thereafter, she discussed about the various problems faced by children, with principals of both schools. She also visited Vathsalya, met with the Executive Director, staff and children.



### Our future IAS Officer

If you ask Kalpana what makes her happy, she would gleefully say "becoming an IAS Officer." However, for a family depending only on their father's seasonal carpentry work to meet their basic needs, continuing her studies was a question mark. But, determination and hard being the family's formula to success, Kalpana was able to continue her studies.

Kalpana and her parents actively participated in all the programmes conducted by us. Her parents never missed a Parents Teachers Meeting.

The family's formula to success worked. The government rewarded Rs 5000 to Kalpana for securing a first class in the tenth board exams.

Kalpana's parents are thankful to Vathsalya for all the support given towards her education. She joined St. Anne's College, Ulsoor, Bangalore, opting for commerce stream. Her dream is now well cemented.

# Community visits

## Restoring hope for the migrant community

Vathsalya believes that education is a powerful tool to bring significant impact on the lives of migrant children. Due to the uncertainty of a permanent home, these children spend crucial part of their growth in helping their parents in their work, or just idle. They are denied of basic education and they grow up without any hope for their future. About 40-50 families who have come from Kolkata and Raichur live in make shift tents, in squalid living condition. They lack basic education and health facilities.

Vathsalya's staff visited these families living in the outskirts of Bangalore city. Though they were hesitant in the beginning, the men came forward and conversed with our staff. The children were looking malnourished, unhygienic and without proper clothing. None of them attend school as social and cultural barriers deny slum dwellers the opportunity to complete their basic education.

On our second visit, we distributed clothes, Bars of soap and scrubbers, fruits, and essential medicines. We emphasized on the importance of maintaining a clean environment, adopting hygienic practices, following a balanced diet and sending their children regularly to school.



## Admission of migrant children

### Studying while on the move

Vathsalya's new initiative Admission of Migrant Children that began in September 2013 with 15 children has grown to 45 to 55 children at the centre. Parents attend work peacefully while the children are safe at our centre.

At the Centre, we have children below three years spending the day with us while older children attend the informal school of Vathsalya.



#### Achievements:

- All the children enjoyed their learning sessions at the centre and at Vathsalya informal school. Older children learnt alphabets, Math as well as to work on the computer.
- Children as old as nine learnt to write the alphabets for the first time in their life.
- All children received daily snacks and nutritious meals.
- Initiated a new beginning in the lives of migrant children and their families.

Parents are keen to send their children to school.

“ It is a blessing that our children are at a safe place while we are at work. We are very excited to hear our children speak English. We also feel happy about the nourishment and healthcare our children receive as well the good habits inculcated. ”

- A parent of a migrant child.



# Adoptive Parents Meet

## Extending help to adoptive parents

Even as we face a shift in our work, it was a joy to bring together many of our families in collaboration with SuDatta parents and host a Parents meet on 25th August 2013.



No. of children admitted	Relinquished	Abandoned	Temp. care	No. of children adopted	
				In country	Inter country
13	9	4	0	18	12

## Orientation

The Loyola College Trivandrum included VCT as part of their research on Child Care in institutions/foster care. Prof. Lelith Joseph visited us in this connection to get a firsthand knowledge of our programmes and activities for children.

A team of professional attending a programme at the UTC visited us. These were individuals drawn from various walks of life who were being oriented on the counseling centres at Bangalore. They enriched themselves with our child care practices and programmes.

Student from Bangalore City College visited Vathsalya during the year, as part of their academics. They were briefed about the programmes in Vathsalya and they visited our child care centre and spent some time with children.

Sixteen students from National Law College, Bangalore visited Vathsalya on 22nd November 2013 as part of their academics. They enlightened the staff by short skits on topics like Juvenile Justice Act, Right to Information, Right to Education, Consumer Rights, Domestic Violence, Criminal Law and Marriage procedures and Child marriage.

On 28th November 2013, the team visited again and this time around 50 students from Col. Hill School and St. Charles School were given the informative messages through skits, which was very much appreciated by the students and Principals of both schools.

## Community programme

### Fulfilling social responsibility



The following companies visited Vathsalya as part of their Corporate Social Responsibility:

Thomson Reuters  
Accenture

GIVE India sent Ms. Tarika, one of their staff to help us raising funds through the donation options. She met our beneficiaries and staff and will hopefully be able to give a new dimension to project our work.

# Awareness Programs

## Under the Stars



This event was organized as part of “Joy of Giving week” (GIVE India) which is held each year between the 2nd and the 10th of October, to experience the life of homeless children in our country. This was India’s first Unique Mass Sleep Out event to raise funds for the under privileged children which was attended by hundreds of people from different aspects of life.

Vathsalya was one of the 5 NGO’s selected to be a beneficiary of the proceeds of this event. Although funds raised were not much, the publicity especially as we move on to new programmes will prove very useful.

## Retreat for staff

A retreat was held on September 18th, 2013 for the staff of VCT at Emerald Isles, Hoskote. Few trustees along with pastor Vasu joined the group; it was a day of learning and relaxation, followed by lunch and snacks. The next group consisting of our nurses and child care givers visited the same place on 23rd September and they too had a day of relaxation and enjoyment.



## Celebrations at Vathsalya Christmas



As part of Christmas celebration, our children enacted a a skit on the “Birth of Jesus” as well recited Bible verses.

The Christmas programme was attended by the Trustees, friends, foster mothers and volunteers of Vathsalya along with a team of ANM’s and Asha workers.





# Birthdays



Fun time for all of our kids. We have families coming to celebrate their children's birthdays as well with us. Every month Teens MAD, a voluntary organization celebrates our children's birthday at our premises. Children give them a wish list and they receive gifts based on that. For children under the migrant families programme, this is something totally new. For the first time, the experienced celebrations with cake and toys.

Parents too attend and they witness something they have never experienced - their children some as old as 10 or 11 cutting a birthday cake and receiving a gift.

## Vision Tour from Holt International

We are thankful for donors especially the Holt International Children's Services for their support and encouragement.



## Volunteers - priceless service

Special thanks to Gap Guru U.K. A steady flow of volunteers from this group visit us annually. The volunteers teach English, conduct activities such as gardening, painting and crafts. Gap Guru are looking into the possibility of helping us with a toy and book library.

The volunteers further help care givers in taking care of our little ones, accompany children to the speech therapist and take them out on picnics and walks.





## Invitations from various institutes

Vathsalya was invited by INSA to be on an Ethics Committee which will be working on research and analysis in the area of sexual abuse related with children and youth. The first meeting was held on the 4th of June at the ISI with co members from INSA and ISI.

# 25th Anniversary Celebrations of Vathsalya

28th of June marked our entry into the 25th year of service to children and women. VCT hosted a workshop organized by Everychild on “Alternative care for parentless children”. The Karnataka Task Force had chosen the 28th of June in conjunction with VCT and we felt it was a great way to begin our celebrations. The children, surrounded by staff, volunteers and well-wishers as well as participants to this workshop cut the cake and the spirit of celebrations continued through the day. We are hoping to have programmes and events through the year to mark our silver jubilee.

Even as we enter our 25th year of service we feel there is a need to revision VCT's future. In the light of the State Govt. receiving it's inter country adoption license recently, and they following in the footsteps of Andhra Pradesh where all adoptions are routed through the state govt. homes we feel the time has come for VCT to move out into needy areas such as Maternal and Child Health linking it to Family Preservation. Hence, we will be focusing on migrant women and children who are brought from as far as the north east to be engaged in construction work in the city. This population has nothing going for them as they have no identity and therefore no facilities. Infants and children will be able to benefit both in areas education, nutrition and immunization.

We organized, a “Thanks giving” dinner party on 22nd March 2014 for the staff of Vathsalya at KGA Club, Kodihalli, Bangalore.



## Way forward Day Care for Children with Special needs

A child with a special need can bond or break families. We have had instances where a mother is left to herself to fend for a child who has a special need. Unable to provide for her family she may choose to abandon because many of the orphanages refuse to admit a child with a disability brought in by parents.

It has also been our experience that parents are looking out for quality Day Care Centres for children with special needs. There are several schools available but not many day care facilities which means that parents struggle with such children till the age of 6 -7. Because of several challenges including financial, these children are also not introduced to any therapeutic interventions. It is our intent to begin such a programme and offer these children the services of therapists to minimize delays and get them ready for school.

# Credibility Alliance Norms Compliance Report

## IDENTITY

VATHSALYA is registered as a Charitable Trust in 1988 under the Indian Trust Act (Registration No. BK II 128/88-99).

Vathsalya is registered u/s 12-A of the Income Tax Act 1961 and with the Commissioner of Income Tax Karnataka II, 3 (1) Trust Ward u/s 80G-5 (VI) from 2011-2012 onwards.

Vathsalya is registered under Section 6(1) of the Foreign Contribution Regulation Act 1976 (FCRA Regn. No. 94420568 dated 29.8.1991).

## NAME AND ADDRESS OF THE MAIN BANKERS:

ICICI Bank Ltd.  
Bangalore Cantonment Branch  
125/1 Dispensary Road  
Bangalore 560 001

## NAME AND ADDRESS OF THE AUDITORS:

SONDE, SRINIVAS & CO  
Chartered Accountants  
105, II Floor, Shahzad Building  
J C Road, Bangalore

## MISSION

In accordance with God's plan Vathsalya is committed to finding families for homeless children as every child deserves a permanent home of his/her own.

## VISION

To see every homeless child and the destitute living in family like structures, to enable optimum growth and development.

## ACCOUNTABILITY AND TRANSPARENCY

No remuneration, sitting fees or any other form of compensation has been paid to any Board members since inception of the Trust.

No reimbursements have been made to any Board Members.

Total cost of national travel by staff during the year 2013-2014: Rs 1,98,150

Total cost of international travel by all staff during the year 2013-2014: NIL

## DISTRIBUTION OF STAFF ACCORDING TO SALARY LEVELS:

Head of the organisation : Rs.514560  
Highest Paid : Rs.514560  
Lowest Paid : Rs.76332

	M	F	TOTAL
LESS THAN 5000			
5000 - 10000	1	17	18
10000 – 25000	4	09	13
25000 - 50000	0	02	02



## Remuneration To Trustees

S.No	Name	Gross Remuneration per annum
1	Mr. Mohan Krishnan	ZERO
2	Dr. Eva Bell	ZERO
3	Mrs. Preeth David	ZERO
4	Mr. C R Anjan	ZERO
5	Mr. Joseph Davaraj	ZERO
6	Mrs. Susan Ninan	ZERO
7	Mr. Tapash Kumar Basu	ZERO
8	Mr. Dev Jain	ZERO
9	Mrs. Mythili Gangadhar	ZERO

## Amount Reimbursed (in Rs.) To All Board Members In The Financial Year 2013-2014 For The Following Items.

1	International Travel	NIL
2	Domestic Travel	NIL
3	Local Conveyance	NIL
4	Entertainment Expense	NIL
5	Others	NIL

### Attendance of Board Members:

The Board of Trustees of Vathsalya met six times during the period 1st of April 2012 to 31st March 2013. Given below are the details of the number of Trustees who attended each meeting;

1st Meeting	7
2nd Meeting	7
3rd Meeting	7
4th Meeting	8
5th Meeting	7
6th Meeting	9

## List of Board of Trustees:

Mr. Mohan Krishnan Flat No. D-203 Victorian Haven Apts. 139/36, Patel Rama Reddy Post Domlour Layout Bangalore 560071	<b>Hon. Chairman</b>
Dr. Eva Bell No. 421, Jal Vauy Vihar Kamanahalli Bangalore 560 043	<b>Hon. Secretary</b>
Mrs. Preeth David 226, Holywood Town Sadahalli Post Bangalore 562 100	<b>Hon. Trustee</b>
Mr. Anjan C B 507, Magnolia, Brigade Millenium J P Nagar 7th Phase Bangalore 560078	<b>Hon. Treasurer</b>
Mr. K. Joseph Davaraj 225 Hollywood Town, Sadahalli Post Bangalore 562 110	<b>Hon. Trustee</b>
Mrs. Susan Ninan 69 Hutchins Road Bangalore 560 005	<b>Hon. Trustee</b>
Mr. Tapash Kumar Basu T1, 282 Salarpuria Esplanade 100 Feet Road, Defence Colony Indiranagar, Bangalore - 560038	<b>Hon. Trustee</b>
Mr. Devrath Jain A504, Zen Gardens Apartment No. 6, Artillery Road, Cambridge Layout Bangalore 560008	<b>Hon. Trustee</b>
Mrs. Mythili Gangadhar 304, 9c Main, Hrbr Layout I Block, Kalyan Nagar, Bangalore – 560043	<b>Hon. Trustee</b>



# Financial Details:

## VATHSALYA CHARITABLE TRUST

No . 717, 5th Cross , HRBR I Block, Kalyanagar, Bangalore: 560 043

### ABRIDGED BALANCE SHEET AS AT 31ST MARCH 2014

	AMOUNT		AMOUNT	
	RS.	PS.	RS.	PS.
<b>A] CAPITAL &amp; LIABILITIES</b>				
Capital Trust Fund	23836232.36		23836232.36	
<b>B] PROPERTY &amp; ASSETS</b>				
Fixed Assets	2391105.66			
Current Assets	21445126.70		23836232.36	

DR.EVA BELL  
SECRETARY

MR.JOSEPH DAVARAJ  
CHAIRMAN

AS PER OUR REPORT OF EVEN DATE  
FOR SONDE SRINIVAS & CO  
CHARTERED ACCOUNTANTS

NIRANJANMURTHY.R.SONDE  
PARTNER

## VATHSALYA CHARITABLE TRUST

No . 717, 5th Cross , HRBR I Block, Kalyanagar, Bangalore: 560 043

### ABRIDGED INCOME AND EXPENDITURE FOR THE YEAR ENDED 31ST MARCH 2014

	AMOUNT		AMOUNT	
	RS.	PS.	RS.	PS.
INCOME				
A] GRANT, GIFTS& DONATIONS	6811374.33			
B] INTEREST	663506.17		23836232.36	
C] MISCELLANEOUS INCOME	514780.00			
D] EXCESS OF EXPENDITURE	446898.16			
OVER INCOME			8436558.66	
EXPENDITURE				
A] ESTABLISHMENT EXPENSES INCLUDES HONORARIUM	4203470.00			
B] ADMINISTRATIVE EXPENSES	1401664.00			
C] CHILD CARE EXPENSES	2405028.30			
D] DEPRECIATION	426396.36		8436558.66	

DR.EVA BELL  
SECRETARY

MR.JOSEPH DAVARAJ  
CHAIRMAN

AS PER OUR REPORT OF EVEN DATE  
FOR SONDE SRINIVAS & CO  
CHARTERED ACCOUNTANTS

NIRANJANMURTHY.R.SONDE  
PARTNER



## VATHSALYA CHARITABLE TRUST

No . 717, 5th Cross , HRBR I Block, Kalyanagar, Bangalore: 560 043

### ABRIDGED RECEIPT & PAYMENTS FOR THE YEAR ENDED 31ST MARCH 2014

	AMOUNT	AMOUNT
	RS. PS.	RS. PS.
<b>INCOME</b>		
A] GRANT, GIFTS& DONATIONS	6811374.33	
B] INTEREST	663506.17	
C] MISCELLANEOUS INCOME	514780.00	
D] INVESTMENT REALISED	4812777.50	12802438.00
A] ESTABLISHMENT EXPENSES INCLUDES HONORARIUM	4203470.00	
B] ADMINISTRATIVE EXPENSES	1401664.00	
C] CHILD CARE EXPENSES	2405028.30	
D] INVESTMENTS [FIXED & CURRENT]	4792275.70	12802438.00

DR.EVA BELL  
SECRETARY

MR.JOSEPH DAVARAJ  
CHAIRMAN

AS PER OUR REPORT OF EVEN DATE  
FOR SONDE SRINIVAS & CO  
CHARTERED ACCOUNTANTS

NIRANJANMURTHY.R.SONDE  
PARTNER



**PLEASE VISIT US:**

**VATHSALYA CHARITABLE TRUST**

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